

MiroPure

Mini massage unit for body relaxation
version3

Model: AS2015

Included in this standard package:

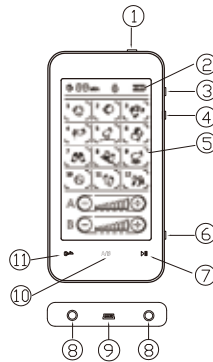
- Device x 1pc
- Medium pad x 4pcs
- Small pad x 2pcs
- Large pad*2pcs
- Electric wire x 3pcs
- (when use 4 line cable. make sure to use at least 1pc white(positive) +1pc blue line (negative) at the time.
- USB cable x 1set
- Acupuncture point chart x 1pc
- Instruction manual x 1pc
- Collection board for pad and wire x 1pc
- Touch pen x1pc
- Bag x1pc

Features

- 4"touch screen
- 2 output with 12 modes
- Dual Channel
- 20 level intensity
- 20 minutes default timer, can adjustable from 10-60 minutes
- Rechargeable lithium battery
- Battery indicator to know when need to recharge battery
- USB Charger 5v

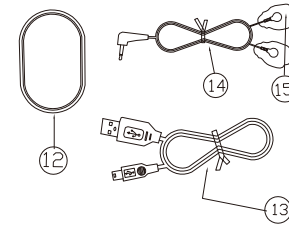
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Illustrations of the device and accessories: (Model: AS2015)



- 1.ON/OFF button
- 2.Battery indicator
- 3.Intensity(+)Button
- 4.Intensity(-)Button
- 5.LCD screen
- 6.Time setting button
- 7.Pause button
- 8.Two output connector
- 9.USB port
10. A/B shift button
- 11.Safety lock icon

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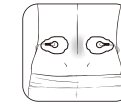
- 12.Pads-sticking board
- 13.USB cable
- 14.Pads Wires
- 15.Massage Pads

Modes

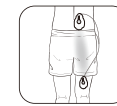
There are twelve modes to choose from,there are:
1.Tuina 2.Guasha 3.Tapping 4.Acupuncture
5.Cupping 6.Shiatu 7.Pressure 8.Back Pain
9.Deep Tissue Massage 10.Body Building
11.Weight Loss 12.Combination

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Recommend massage points



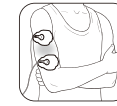
LOWER BACK
Modes 1,4,5,6,7,10,11



SCIATIC
Modes 1,2,3,4,5



DELTOID
Modes2,3,4
Attach one pad in front and one in back of the muscle.



HIP&THIGH
Modes 1,2,3,4,5,6,7,10
Attach both pads on either side of the area.



ELBOW
Modes 1,2,3,4,6,7,9,11
Attach both pads on either side of the joint.

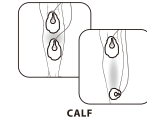


HIP & THIGH
Modes 1,2,3,4,5,6,7
Attach both pads on either side of the area .

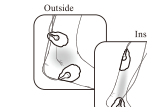
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KNEE
Modes 1,2,3,4,5,6,7,10
Attach both pads above theknee or above and below joint.



CALF
Modes 1,2,4,5,6
Attach both pads on the calf/leg where you feel pain. (Do not place electrode pads simultaneously to the calves of both legs.)



ANKLE/FOOT
Modes 1,2,3,6,7,12
Attach pads per the illustration, on the left/ on the outside of your ankle/foot. Attach the pads per illustration on the right / on the other side of your ankle/foot



ABS/SHOULDER
Modes 1,4,5,6,7,10,11

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Operating instruction

1. Connect the pads to the wires by snapping them on, then remove The protective film.
Note:adding a few drops of water on the pads will increase their longevity.
2. Place pads where the massage sensations are desired and plug into one of the ports on the device.For additional relief use the second port and repeat steps 1&2 for two additional pads. Make sure both pads are on the skin and are not overlapping. Make sure your skin is free from any dirt, oil, or lotion.
3. Turn the device on by pressing the on/off switch on the top of the unit.The unit will be now activated and start in Mode1.
4. Touch the screen to choose modes.Then touch center button off the screen to control A/B channel.Remember the strength will default to the lowest setting with each mode selection.
5. Once you select a mode,gradually increase the intensity by pressing the "+" button;decrease it by pressing the "-" button on the side of main device.
6. Recommended application is 10-60 minutes per day. Increase 10 minutes each setting.If desired, the time remaining automatically counts down to zero and the unit will automatically turn off.

Precautions

- Do not apply the massage pads near the heart, on the head, above the neck, in the pubic region, over Scarred areas, on the throat or over the mouth.
- Avoid touching the pads when the unit is on.
- Pregnant women must avoid using this massager.
- Do not use this massager if you a pacemaker or other life support equipment such as an artificial lung or respirator.
- should not be used while driving, operating machinery, or during any activity in which involuntary muscle contractions may put the user at undue risk or injury.

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- Do not use if you have following medical conditions: Acute disease, trauma or surgical procedure in past six month
- Cardiac dysfunction
- Epilepsy
- High blood pressure
- High fever
- cancer
- Infectious disease
- Malignant tumors
- Recent surgery
- Skin problems
- Pregnancy

EASY STEPS TO GET STARTED WITH YOUR THERAPY

Regular Application principles:

1. Find the exact pain point; this is the position for the pads to be placed. The acupuncture chart can also serve as a guide for pad placement specific to each ailment .
2. Adjust the intensity gradually. It is more effective to reach the highest intensity level you can stand.
3. Recommended application duration is 2-3 times per day for 40-60 minutes per application , over 10 days for one course.
4. Pads can be placed in two ways:
 - Twin Mode-with the 2 pads next to each other on the same side of the body and in close proximity.
 - Opposed Mode-with the 2 pads on a similar spot, but on either sides of the body ,i.e. the front and back shoulder.

Maintenance and care

1. When you are finished using the device, turn it off and take off the pads. Store the unit in a cool, dry place until next use.
2. After usage, please cover the pads with the protective film and put them back in their zip lock bags. Applying a few drops water before and after usage will increase the longevity of the pads.

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3. Charge the unit at least every 3 month in event it is not used regularly. You can also use the unit with the wall charger or directly from your computer using the USB cable.

Troubleshooting

Problem	Cause	Solution
One pad feels stronger than the other.	This is normal. Different areas of your body will react differently.	Nothing needs to be done. Make sure the pads are moist and are making good contact.
During the massage, the skin feels a painful burning sensation or the stimulation becomes weakened.	Adhesive gel pads are not adhering firmly to the skin. Or the gel pads are too dry.	Apply a few drops of water to adhesive surface of each pad and make sure the pads are pressed firmly to the skin during application.
Unit is on, but no sensation is felt in the pads.	Both pads are not firmly on the skin. Or there is a loose connection. Or the intensity level needs to be increased.	Make sure both pads are firmly pressed to the skin. Make sure all connections are secure from the unit to the wires and the wires to the pads. Increase the intensity level.
Adhesive gel pads do not stick to skin even after cleaning and moistening the gel pad.	Adhesive gel pads need to be replaced.	Replace the set of pads. Pads can be purchased from local distributor.
Unit does not turn on or the screen is dim.	Battery is low.	Recharge the battery.
Does not provide adequate pain relief.	Not using it long enough. Not lying down then massaging neck.	Use your massager 20-30 minutes at a time, 3-6 times per day. Lie on your back for neck support when you need relief for headaches or neck pain.

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Symbols

Symbol	Meaning
	Attention, consult accompanying documents
	MANUFACTURER
	Pls read the user manual before use

Recommend massage points



This device complies with Part 15 of the FCC Rules